

NOW THAT YOU HAVE A DIAGNOSIS

YOU HAVE A DIAGNOSIS. HERE IS WHAT YOU DO NEXT.

If your student's symptoms require accommodations, you will need to set up an appointment with the appropriate school administrators to discuss Section 504 Accommodations. You will need a letter from your physician regarding your student's diagnosis. You can find a sample physician letter at migraineatschool.org/parents.

A QUICK GUIDE TO SETTING UP A SECTION 504 ACCOMMODATIONS WITH YOUR SCHOOL

THINGS YOU SHOULD KNOW AND WHAT YOU SHOULD BRING TO YOUR MEETING



- Copy of your doctor's letter.
- List of 504 Accommodations you and your student have chosen. (If it helps, you could say your student "requires" them. Using this language is necessary with counselors who are hesitant when it comes to 504 plans).
- A notebook to write down what you discuss.
- Ask them to send an email to each of your student's teachers letting them know of the Section 504 Accommodations.
- Ask for a copy of the completed document for your records.
- You can find a list of accommodations on the Parent Infographic at migraineatschool.org/parents.

Migraine at School is a collection of the best resources for students, parents and educators to help children with migraine succeed in school. Materials are available for to order or download at migraineatschool.org

Please contact us at info@migraineatschool.org for more information or if you need additional assistance.

MIGRAINE IS A NEUROLOGICAL DISEASE AFFECTING 10% OF CHILDREN AGES 5 - 15 AND UP TO 28% OF ADOLESCENTS



MIGRAINE AT SCHOOL

A Program by the Coalition for Headache & Migraine Patients a 501c3